AM Express Membership

- \$19.00 per month
- EFT withdraw on the 2nd of every month. (Requires a Voided Check)
- Monday-Friday 6:00AM to 8:00AM
- All Access Pass to Group Fitness Classes. You can attend group fitness classes during your authorized facility hours.
- Membership type is not authorized to use the facility on the weekends.

PM Express Membership

- \$19.00 per month
- EFT withdraw on the 2nd of every month. (Requires a Voided Check)
- Monday-Friday 11:00AM to 1:00PM
- All Access Pass to Group Fitness Classes. You can attend group fitness classes during your authorized facility hours.
- Membership type is not authorized to use the facility on the weekends.

Dual Express Membership

- \$38.00 per month
- EFT withdraw on the 2nd of every month. (Requires a Voided Check)
- Monday Friday 6:00AM to 8:00AM **AND**, 11:00AM to 1:00PM
- All Access Pass to Group Fitness Classes. You can attend group fitness classes during your authorized facility hours.
- Membership type is not authorized to use the facility on the weekends.

Coordinator of Member Services: Barrett Ward barrett.ward@csus.edu, (916)278-2245 thewellatsacstate.com